



## **Provider Calendar**

**Dr. Denney**, Cardiologist

**Dr. Kopriva**, Surgeon

**Dr. Nitka**, *Neurologist* 

**Wound Care Center** 

August 3rd

August 21st

August 7th & 8th

Tuesdays

## August is National Immunization Awareness Month

With the new school year starting – and flu season right around the corner – it's a great time to think about getting you and your family all recommended vaccines to protect against serious illness.

Recent data from the Centers for Disease Control and Prevention (CDC) show that childhood vaccination rates decreased during the COVID-19 pandemic – possibly due to disrupted school schedules and concerns about going to the doctor's office for routine well-visits. Routine vaccination rates for adults and teens also dropped in 2021 and 2022. This is concerning since we know the best way to stay protected from some viruses is by keeping up with vaccines across the lifespan.

Please join us as we promote routine vaccination to help our communities stay healthy! Together, we can help protect our communities from vaccine-preventable diseases. To schedule an appointment with your provider, please call 785-626-3241.

## >>>>> Healthcare Close to Home <<<<<

Did you know that older adults are more likely to develop chronic wounds? *Rawlins County Health Center Wound Center* is your partner in wound healing.

As we age, the healing process slows, and there is a decrease in immune response and cell growth. Our skin becomes thin and more delicate, susceptible to cuts, scrapes, and hard-to-heal sores. In addition to these normal biological functions, older adults are at an increased risk of having conditions and limitations that amplify the effects of already delayed healing, like immobility and inactivity, diabetes, and poor circulation. Properly caring for wounds is essential no matter your age, but for older adults especially, wound care is essential. While older adults can heal, the body's capacity to repair the skin on its own is often diminished, but specialized care from a wound center can help support the healing process.

Even the most difficult wounds that have not responded to other treatments may see significant improvement at RCHC Wound Center.

Our approach to wound healing is aggressive and comprehensive, coordinating traditional and advanced therapies that aid and accelerate the healing process. For more information go to our website at <a href="https://www.rchc.us/wound-care">www.rchc.us/wound-care</a> or call 877-295-2273.

## Back to School Supply Drive

Help RCHC make sure our students and teachers have what they need for a successful year of learning!!

Drop off July 17th - August 15th at Rawlins County Health Center

#BUFFALOSTRONG



Rawlins Clinic Hours: Monday-Friday, 8 am - 5 pm & Saturdays 9 am - Noon To make an appointment call 785-626-3241

RCHC is an equal opportunity employer & provider.





