



NEWSLETTER

HAPPY



JANUARY

New Year

2024



Provider Calendar

Dr. Denney, *Cardiologist*

January 4th

Dr. Frankum, *Surgeon*

January 4th

Dr. Kopriva, *Surgeon*

January 15th

Dr. Nitka, *Neurologist*

January 8th & 9th

Telemed - *Endocrinology*

January 5th

Telemed - *Nephrology*

January 15th

Telemed - *Rheumatology*

January 16th

Podiatry Coming to RCHC



Dr. Thomas Eddy, DPM, a board-certified surgeon by the American Board of Podiatric Medicine and the American Board of Foot and Ankle Surgery, and will soon be seeing patients at RCHC.

A podiatrist specializes in the diagnosis, treatment, and prevention of conditions related to the feet, ankles, and lower extremities. Conditions such as bunions, heel pain, ingrown toenails, fractures, sprains, and infections are a few examples that a podiatrist often treats. They can also perform foot and ankle surgery and often help with wound care of the lower extremities.

Dr. Eddy comes to us from Goodland Regional Medical Center and will be doing outreach for RCHC one day a week. For more information about scheduling an appointment, please call 785-728-4310.

>>>>>> Healthcare Close to Home <<<<<<< Primary Care . . . What's that? *Why is it important?*



Primary healthcare is taking a "go-ahead" approach to your health and well-being. Instead of only seeing a doctor when you have strep throat or need stitches, it's best to schedule regular check-ups to make sure there aren't any hidden problems.

It also gives you a chance to have open, honest conversations with your provider about your family history or things you might be concerned about. Maybe your dad has heart problems, you could be prone to the same thing. Maybe your sister recently found out she is diabetic and you are scared you might be at risk. With regular visits, you can have your questions answered and put your mind at ease.

Another part of primary care is preventative tests and screenings. These are simple procedures that can be a crucial step in catching a disease or illness, like cancer, when it's early and easier to treat.

The bottom line . . . a primary care provider and a consistent treatment schedule will help you live your healthiest, happiest life.

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RCHC
Team!

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To make an appointment call 785-626-3241

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