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2022

Community Report

Mission
To improve the health and quality of life of the individuals and communities we serve.

Vision
To set the standard for patient-centered quality healthcare

2022 Donations

In 2022, **196 donors** gave over **\$449,000** to the RCHC Foundation. This includes over **\$18,000** from proceeds from the Annual RCHC Foundation Golf Tournament. RCHC employees also pledged over **\$49,000** for the next five years.

2022 Equipment Purchases

Over \$62,000 in equipment purchases were made in 2022 with the generous donations to the RCHC Foundation. These include:

- ER Airway Trainier
- Tonometer & Trap Fingers
- Equalizer & Fetal Doppler
- ER Tourniquet
- Ultrasound Probe
- Blood Flow Restriction Device
- Slit-Lamp Microscope
- ER Supplies

Other purchases in 2022 included employee retention and appreciation gifts as well as Microsoft Teams Education Room.



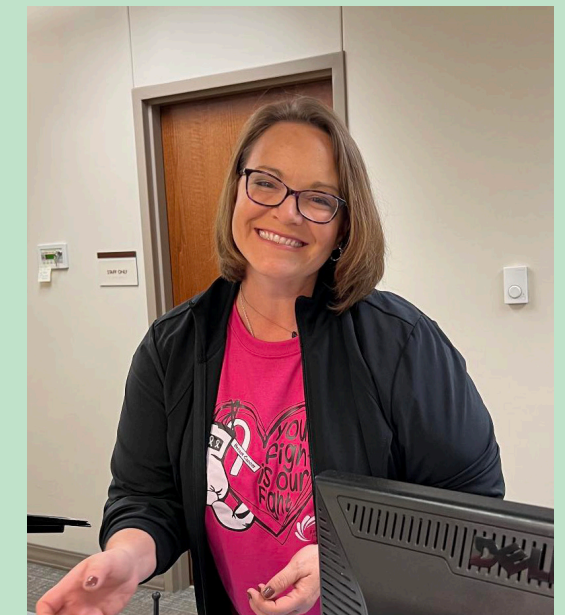
Laser Therapy Equipment was also purchased with proceeds from the golf tournament and grant funds from ACE Foundation.



**RAWLINS COUNTY
HEALTH CENTER
FOUNDATION**

Donations to RCHC Foundation invest in the future of quality healthcare in Northwest Kansas. With the right equipment and people, RCHC will continue serving patients for many years.

As you consider your financial picture and budget for the coming year, we encourage you to plan to include RCHC Foundation in your giving portfolio. Donations can be designated for equipment, endowment, building projects, or left undesignated for the foundation board to determine the greatest need.



Financial contributions to RCHC Foundation should be sent to the foundation office. Questions about donations can be directed to Suzanna Koel, Foundation Director.

DONATIONS CAN BE MAILED TO:
Rawlins County Health Center Foundation
Attn: Suzanna Koel
PO Box 47
Atwood, KS 67730



To quickly make a donation via your Smart Device, scan the QR Code above!

Ways to Give

There are numerous ways to give a tax-deductible gift to RCHC through the Rawlins County Health Center Foundation. Cash Gifts, Planned Gifts, Bequests, IRA Charitable Rollover, Memorials, Tributes, Commodities, In-Kind Donations and Volunteering.

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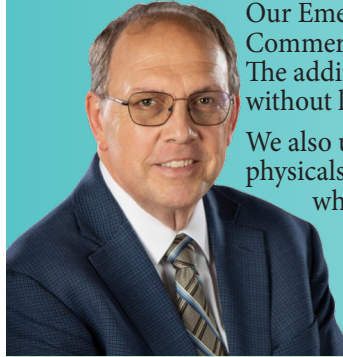
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MESSAGE From the CEO *Craig R. Loveless*

Welcome to our first Community Report! We look forward to annually providing these informative reports to you as we work together for a thriving community.

Our Board and leadership understand that when it comes to healthcare for you and your family, you have choices. We want to be your choice for healthcare! Over the last calendar year, our primary care clinic completed more than 5,700 patient visits, with 1,516 patients.



Our Emergency Room Providers and Rehab Department won Certificates of Merit from the Kansas Department of Commerce for their contribution to growing healthcare services for the betterment of our community and our patients. The additional rehab services provided in Rawlins County allow patients to have the highest innovation and quality of care without leaving town, positively impacting the local economy.

We also understand that part of our responsibility is giving back to the community. Last year, we provided 52 free sports physicals to our area athletes, provided on-the-job training to high school students, and sponsored a meal during 4-H week while contributing to various organizational fundraising activities.

We need each other to keep pace with our growing community. Every healthcare dollar spent locally keeps related travel dollars (e.g. fuel, meals, lodging) in town.

Thank you for your continued support and trust in Rawlins County Health Center.

RCHC BY THE NUMBERS Fiscal Year July 1, 2021 - June 30, 2022

399 Inpatient Care Stays

Labor Expenses
74 Employed Healthcare Workers (FYE Salary & Benefits) **\$2,289,158**

735 Emergency Visits

Unreimbursed Care
Services provided by RCHC that are not reimbursed by insurance or patient **\$226,028**

5,726 Clinic Visits

Support of Local Vendors
As much as we can, we want to put money back into the community we live in **\$193,549**

10,729 Rehab Visits

Total Economic Impact
Positive Economic Impact for Atwood & Surrounding Communities **\$2,708,735**

17,387 Ancillary Services

Reinvested in Capital

Equipment **\$519,954**

Your Choice Makes a Difference

When you choose to stay local for your healthcare needs, it impacts your community economically. Your dollars not only stay local, but they generate an economic multiplier effect. We call that community reinvestment!

Hospital & Clinic Services

Cardiac Rehab
Cardiac Wellness
Diabetic Clinic
Inpatient Care
Laboratory
Manipulation Therapy

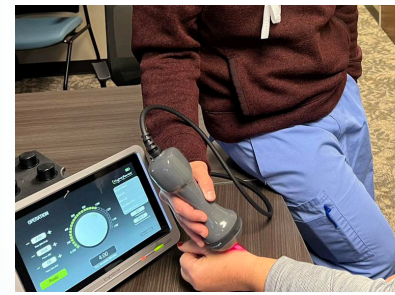
Nerve Conduction Therapy
Outpatient Surgery
Rural Health Clinic
Specialist Clinic
Swing Bed
Wound Care Clinic

Diagnostic Imaging
Bone Density
CT Scan
MRI
Mammography
Nuclear Medicine
Ultrasound

Rehab Department
Blood Flow Restriction
Dry Needling
Laser Tissue Therapy
Occupational Therapy
Physical Therapy
Speech Therapy

NEW in 2022

Rehabilitation Department Updates



The Rehab Department saw many new things happen in 2022. One of the most vital is the addition of a full-time **occupational therapist, Halie Forbes**. Halie will help RCHC provide more comprehensive care to the community in our outpatient and inpatient settings.

Late in 2021, *Ryan Willis, a Doctor of Physical Therapy* and board-certified in orthopedics and geriatrics, joined RCHC. Since then, the department has expanded to include several new modalities, including **functional dry needling** (a thin needle treatment used to help relieve pain and movement impairments), **blood flow restriction training** (to increase muscle size and function), as well as **Class IV laser therapy** (use of a laser to treat several acute and chronic conditions including low back pain, post-operative soreness, and diabetic neuropathy).

Neurology Specialty Provider

RCHC welcomed **Dr. Ernest Nitka, Neurologist**, in November 2022. Dr. Nitka can treat various neurological conditions, including muscle weakness, multiple sclerosis, epilepsy, Parkinson's disease, neuropathy, chronic headache, movement disorders, and dizziness.

One critical service Dr. Nitka brings to RCHC is **Nerve Conduction Studies**. Nerve conduction studies measure how well and fast nerves send electrical signals to the muscles. Based on the results, he can determine if nerve damage has occurred, where it has occurred, and to what extent.



Patient Advocate Position

Understanding your insurance coverage and determining Medicare coverage can be daunting. *Jenni Ludowese* was hired in 2022 as a **Patient Advocate and Certified Navigator** as part of the Community Health Improvement Plan and the RCHC Strategic Plan. Jenni can help patients with Medicaid and Medicare enrollment questions and the health insurance marketplace. She can also help qualifying patients and their families with the Rawlins Clinic and RCHC sliding fee scales and indigent care opportunities.

Addition of Manipulative Treatment

Mary Wilkinson, APRN, FNP-C began offering manipulative treatment in April 2022.

Manipulative treatment (or manipulation) is a hands-on method providers use to diagnose, treat, and prevent illness or injury. The method involves skillfully moving muscles and joints using various techniques, including stretching, gentle pressure, and resistance. Manipulative treatment can benefit pain management and help increase function and mobility.

RCHC Strategic Plan

Pillar 1 Strengthen and Invest in CORE Services

RCHC helps to meet the health care needs of the community by providing patient-centered facilities and advanced medical equipment. New services are developed based on community needs and RCHC's capabilities.

Pillar 2 Patient-Centered Culture of Quality & Customer Service

Instilling a patient and family centered care culture across RCHC will create momentum for continued organizational improvement.

Pillar 3 Cost Structure

RCHC is taking a series of proactive measures to ensure we continue to have the financial resources to carry out our mission for years to come.

Pillar 4 Improving Employee Satisfaction & Engagement

Through positive recognition and celebration, RCHC perpetuates and reinforces principles of open communication, teamwork and respect, while providing needed resources and tools for employee engagement and organizational development.

Board of Trustees

Harlan Holste - Chairman
Matt Wolters - Vice-Chairman
Mike Braxmeyer - Treasurer
Rosalie Ross - Secretary
Mike Mulligan
Cedric Green
Roger Philpott
Phil Studer
Brooklyn Barker



Kansas Department of Commerce
2022 Merit Award Winners
RCHC Rehab Department
RCHC Emergency Room Providers

Senior Leadership

Craig Loveless - Chief Executive Officer
Heather Prideaux - Chief Financial Officer
Travis Daise, MD - Chief Medical Officer
Amie Powell, RN - Chief Operations Officer
Allison Mulch, RN, BSN - Chief Clinical Officer
Ryan Marvin - Director of Support Services
Tara Bowles - Employee Engagement Director